

## CURLING



Long before the “Random Age-Friendly Communities” initiative began in Clarendville, seniors were very much involved in various activities including curling. In 1986, several years after curling began at Clarendville stadium, the Royal Canadian Legionnaires and the Ladies Auxiliary formed a curling league that curled every Tuesday morning.

Dr. Ian Swan, a Legionnaire, organized the teams and Mr. Gordon Lannon kindly donated his spare time as instructor and showed them how the game should be played. Over the years, a number of “Friends,” persons retired in Clarendville and the surrounding communities have joined the Legionnaires so there continues to be eight teams curling with a number of spares waiting in the wings.

The emphasis is on camaraderie and fun, both attributes of the Legionnaires, but from time to time a little bit of healthy competition certainly does come into the game. After 38 years, Legionnaires and their Friends continue to find recreation and enjoyment during the Tuesday morning curling now at the Eastlink Events Centre.

Curling is a great way to keep active, make new friends, and enjoy life.

For more information, contact Orbison Lambert 709-427-0400.