

# Clarenville & Area Age-Friendly 50+ Club, Inc.

(An NL Registered Not-For-Profit Corporation # 89546)



On December 8, 2021 a group of some 40+ senior residents of the Clarenville area gathered to discuss the possibility of creating a new Club dedicated to seniors in the area.

We wanted to create an organization that was “*Age-Friendly*” and represented the entire area, not just the Town of Clarenville. Thus, the newly founded club, with members from Clarenville and outlying areas such as Port Rexton, Harcourt, Hillview, Burgoyne’s Cove and others, was aptly named Clarenville and Area Age-Friendly 50+ Club.

Our Club holds weekly card games accompanied by lunch and social time on Wednesday afternoons at the Bill Davis Chalet at 1:30 p.m. The Club also hosts entertainment socials where members enjoy great music, dancing and comedy. Other activities that bring our group together include barbecues, potluck lunches, and the annual Christmas Dinner.

Some of the more special activities have included a boat tour through Smith Sound and Trinity Bay to visit resettled communities and other historical attractions. A bus Tour to Trinity to enjoy a dinner theatre experience was extremely popular with members. Our members are active and have lots of fun!

The Club supports the local community through an annual food drive for the Salvation Army Food Bank and the Reach Hub. Last year, the Club also implemented a successful personal care products drive in support of The Gathering in St. John’s and the Reach Hub in Clarenville.

A component of our mission is to provide educational services to our members; therefore, we host interesting and informative speakers on topics of special importance to seniors such as driving habits, scams, fraud, mental and physical harassment, wills and estate planning, and eye care.

Future plans for our Club include physical fitness activities specifically designed for seniors, more excursions to historical areas of our province, social interactions with other member clubs of the **NL 50+ Federation**, and inter-generational activities whereby area High School students will be invited to participate together with our seniors in such activities as Talent Shows and Coffee Houses.

One great initiative that we have undertaken as a Club is the videotaping of select seniors who provide history of specific activities occurring in the “*old days*” which have been important in the creation of the Town of Clenville and surrounding area. These videotaped sessions will be held in local archives for future use.

Our Club has grown immensely in the past year and now has 135 members and 30 people on a waiting list anxious to join. Word about the happenings of our Club has spread in the local and area community!

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